

# 賽馬會 早發性腦退化症 支援計劃

## Jockey Club Younger Onset Dementia Support Project

主辦機構



賽馬會耆智園  
Jockey Club Centre for Positive Ageing

捐助機構



香港賽馬會慈善信託基金

# 早了解 齊支援

## Journeying Through Younger Onset Dementia Together

分享會 SEMINAR

日期  
Date 25 October 2024 (FRI)

時間  
Time 9:15 AM - 12:30 PM

地點  
Venue 威爾斯親王醫院公共衛生學院地下繼昌堂  
Kai Chong Tong  
G/F, School of Public Health  
Prince of Wales Hospital, Shatin

語言  
Language 英語 English & 廣東話 Cantonese  
凱特·斯瓦弗女士 Ms Kate Swaffer 其他嘉賓 other speakers

賽馬會早發性腦退化症支援計劃旨在支援懷疑或確診早發性腦退化症的人士以及他們的照顧者。這是全港首個以早發性腦退化症人士為服務對象的計劃，非常具有創新性和重要性。

計劃已經推行了接近三年，我們期望藉此分享會與專職同工提分享計劃內容和我們的實踐經驗。這將有助於增進專職同工對早發性腦退化症的認識和照顧能力，並為他們提供適切的支援服務，以滿足獨特的需求。

本項目的國際諮詢顧問凱特·斯瓦弗女士將從澳洲遠道而來，將分享她自己作為早發性腦退化人士的感受和需要。專科語言治療師關陳立穎博士、腦神經科專科醫生區穎芝醫生及腦退化症護理專家崔志文博士將一起探討如何透過不同專業範疇的治療和協作，為早發性腦退化症人士提供實際可行的支援，以如何協助照顧者應對照顧過程中面臨的挑戰。

Jockey Club Younger Onset Dementia Support Project aims to support individuals suspected or diagnosed with younger onset dementia (YOD) and their caregivers. This seminar provides dedicated professional staff with the opportunity to learn about the project details as well as the practical experiences during the project implementation over the past three years. We expect the sharing by the expertise speakers would enhance the participant's understanding on YOD and their caregiving abilities, and therefore enabling them to provide appropriate support services to meet the unique needs of people with YOD and their family caregivers.

We are delighted that Ms. Kate Swaffer, the overseas consultant of this project, will be traveling to Hong Kong from Australia to share her experience of living with younger-onset dementia and how different people could support their needs. At the same time, Dr. Lorinda Kwan Chen, Speech Therapist, Dr. Lisa Au, Specialist in Neurology and Dr Kenny Chui, Dementia Care specialist will share their experiences from different professional aspects and introduce how the cross-sectoral professionals could provide practical support to people with younger-onset with dementia, and walk together with the family caregivers to manage the challenges during the caring journey.

### 主講嘉賓 Guest Speakers

凱特·斯瓦弗女士  
Ms Kate Swaffer

本項目國際諮詢顧問  
Overseas consultant of the project

區穎芝醫生  
Dr Lisa Au

香港中文大學醫學院 - 神經病學副教授  
Associate Professor of Practice in Neurology  
Faculty of Medicine  
The Chinese University of Hong Kong

關陳立穎博士  
Dr Lorinda Kwan-Chen

語言治療師 | 香港教育大學 高級講師  
Speech Therapist  
Senior Lecturer  
The Education University of Hong Kong

崔志文博士  
Dr Kenny Chui

賽馬會耆智園副總經理  
Deputy General Manager  
Jockey Club Centre for Positive Ageing

更多詳情及報名  
More details & Registration



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8:45-9:15	Registration
9:15-9:20	Opening Speech
9:20-10:05	<b>Ms Kate Swaffer</b> Young Onset Dementia in the 21st Century: Autonomy and Independence
10:05-10:45	<b>Dr Kenny Chui</b> Develop a Local Collaborative Recovery Model and Well-being Action Plan for Younger Onset Dementia
10:45-11:00	BREAK
11:00-11:25	<b>Dr Lorinda Kwan-Chen</b> The Promise of Speech Therapy as a Non-pharmacological Intervention for Chinese Speakers with Primary Progressive Aphasia
11:25-11:50	<b>Dr Lisa Au</b> Diagnosing Younger Onset Dementia
11:50-12:05	<b>Introduction of the YOD video and Sharing</b>
12:05-12:30	<b>Panel discussion:</b> How to Enhance the Quality of Life for Persons with Younger Onset Dementia from Your Perspective with Your Personal Experience

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