

A JCCPA Flagship Training Programme

3-day Seminar: Understanding the Distressed Behaviour of People with Dementia in Hong Kong

Jockey Club Centre for Positive Ageing and University of Worcester jointly organize this three-day seminar on “Understanding the Distressed Behavior of People with Dementia in Hong Kong”.

The aim of this seminar is to help professional staff understand the integrative approach for supporting people with dementia and their family caregivers in the management of distressed behaviours (Behavioral and Psychological Symptoms of Dementia, BPSD). It is expected that the participants will be able to:

1. Understand person-centred care approach of dementia care and acquire knowledge of managing distressed behaviour
2. Explore the reasons and care strategy of distressed behaviours through different professional perspectives
3. Interpret the assessment tools and intervention protocols
4. Take into consideration the voices of people with dementia and their family members for promoting a proper caring attitude

Speakers:



Prof Dawn Brooker MBE

Emeritus Professor and former Director
Association for Dementia Studies
University of Worcester



Prof Timothy Kwok

S.H. Ho Professor of Geriatric Medicine
Department of Medicine and Therapeutics
Faculty of Medicine
The Chinese University of Hong Kong



Prof Allen Lee

Associate Professor (Clinical)
Department of Psychiatry
Faculty of Medicine
The Chinese University of Hong Kong



Dr Kenny Chui

Registered Social Worker
Deputy General Manager
Jockey Club Centre for Positive Ageing



Mr Franco Cheng

Registered Pharmacist
Department of Pharmacology and
Pharmacy
The University of Hong Kong



Ms Natalie Lai

Senior Occupational Therapist
Castle Peak Hospital



Ms Yasmin Li

Music Therapist
Board Certified
Jockey Club Centre for Positive Ageing



Mr Kingsley Pun

Nursing Officer
Case Manager
Jockey Club Centre for Positive Ageing

Details:

Date: 4, 5 & 6 December 2024

Venue: Day 1 - Online seminar (Zoom)
Day 2 & 3 - Jockey Club Centre for Positive Ageing,
27 A Kung Kok Street, Shatin, N.T.

Target: Registered Nurses, Registered Social Workers, Occupational Therapists, Physiotherapists, Health Care Professionals and Practitioners in managerial positions

Capacity: 25 - 28 participants

Fee: \$3,800 (Early Bird \$3,200 - payment received on or before 8 November 2024)

*Each participant will receive a booklet "Supporting people with dementia: understanding and responding to distressed behaviour" ***

Language: English (Day 1) & Cantonese (Day 2 & 3)

Enquiries: 2946 8139 (Ms Charis Lam)

Enrollment: <https://forms.office.com/r/fFpPXafcTx>



** The Dementia Service Development Centre of University of Stirling published the booklet **"Supporting people with dementia: understanding and responding to distressed behaviour"** which provides a practical guidelines for professionals in dealing with distressed behavior. Jockey Club Centre for Positive Ageing, with the official license from University of Stirling, translated and adapted this significant publication into the Chinese version. This booklet is not for sale.

Rundown:

4 December 2024, Wednesday (by Zoom)

- 19:15 - 19:25 Registration
- 19:25 - 19:30 Welcome and Introduction
- 19:30 - 21:30 **Prof Dawn Brooker MBE**
Understand distressed behaviour of people with dementia through personhood and person-centred care – The person still comes first

5 December 2024, Thursday

- 09:00 - 09:15 Registration
- 09:15 - 10:45 **Prof Timothy Kwok**
Medical management of distressed behavior of people with dementia – geriatric perspective
- 11:00 - 12:30 **Mr Kingsley Pun**
Nursing care and case management in distressed behavior of people with dementia
- 14:00 - 15:30 **Ms Natalie Lai**
Activities and environmental design for managing BPSD
- 15:45 - 17:15 **Dr Kenny Chui**
Dementitude® - Proper Caring Attitude with 16 principles and understanding of PLST model for distressed behaviour

6 December 2024, Friday

- 09:00 - 09:15 Registration
- 09:15 - 10:45 **Prof Allen Lee**
Identification and management of BPSD from a psychiatrist's perspective
- 11:00 - 12:30 **Ms Yasimin Li**
Motion and emotion: applying person-centered music therapy to regulate the mood of people with dementia and distressed behaviours
- 14:00 - 15:30 **Mr Franco Cheng**
Pharmacotherapy for BPSD
- 15:45 - 17:00 **Dr Kenny Chui**
Introduction of “PREFERS” model and how to support the family care partners to manage distressed behavior with STAR-C2
- 17:00 - 17:15 Conclusion and Round-up

*The organiser reserves the rights for making changes on the programme without prior notice.